# How to Get Rid of Fleas Naturally: A Comprehensive Guide

Fleas are tiny, wingless insects that feed on the blood of warm-blooded animals. They are common pests in homes with pets, and they can also be found in yards and gardens. Fleas can cause a variety of problems for both humans and pets, including itching, irritation, and even serious health problems.



#### **FLEA CONTROL:** How to Get Rid of Fleas Naturally

by Barry Silverstein

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If you're struggling with a flea infestation, don't despair. There are many natural ways to get rid of fleas that are both effective and safe. In this guide, we'll share some of the most effective natural flea control methods, including:

- Using essential oils
- Vacuuming and mopping regularly

- Washing bedding and pet toys in hot water
- Using a flea comb
- Applying apple cider vinegar
- Using diatomaceous earth
- Planting flea-repelling plants

#### **Using Essential Oils**

Essential oils are natural plant extracts that have a variety of properties, including antibacterial, antiviral, and antifungal properties. Some essential oils are also effective at repelling fleas. Here are some of the most effective essential oils for flea control:

- Lavender oil
- Tea tree oil
- Eucalyptus oil
- Peppermint oil
- Cedarwood oil

To use essential oils for flea control, you can add a few drops to a diffuser or spray bottle filled with water. You can also apply essential oils directly to your pet's fur, but be sure to dilute them with a carrier oil, such as coconut oil or olive oil.

## **Vacuuming and Mopping Regularly**

Vacuuming and mopping your home regularly is one of the most important things you can do to control fleas. Vacuuming will remove fleas and their eggs from your carpets and floors, and mopping will remove fleas and their eggs from hard surfaces. Be sure to vacuum and mop all areas where your pet spends time, including furniture, bedding, and pet toys.

#### **Washing Bedding and Pet Toys in Hot Water**

Washing your pet's bedding and toys in hot water will kill fleas and their eggs. Be sure to wash all bedding and toys in hot water, and then dry them on high heat.

#### **Using a Flea Comb**

A flea comb is a fine-toothed comb that can be used to remove fleas from your pet's fur. To use a flea comb, simply brush your pet's fur in the direction of hair growth. The flea comb will remove fleas and their eggs from your pet's fur. Be sure to dip the flea comb in a bowl of soapy water after each use to kill the fleas.

#### **Applying Apple Cider Vinegar**

Apple cider vinegar is a natural flea repellent. To use apple cider vinegar for flea control, you can add a few drops to your pet's water bowl or apply it directly to your pet's fur. You can also spray apple cider vinegar around your home to repel fleas.

### **Using Diatomaceous Earth**

Diatomaceous earth is a natural powder that is made from the fossilized remains of diatoms. Diatomaceous earth is effective at killing fleas because it dehydrates them. To use diatomaceous earth for flea control, you can

sprinkle it around your home, especially in areas where fleas are likely to congregate. Be sure to keep diatomaceous earth away from your pets and children.

#### **Planting Flea-Repelling Plants**

There are a number of plants that are known to repel fleas. Planting these plants around your home can help to keep fleas away. Here are some of the most effective flea-repelling plants:

- Lavender
- Tea tree
- Eucalyptus
- Peppermint
- Cedar

By following these tips, you can get rid of fleas naturally and keep your home and pets flea-free.



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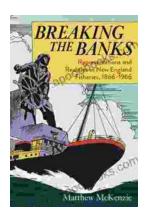
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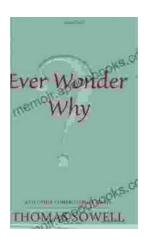
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