## Laughing and Crying About Anesthesia: A Journey of Humor, Healing, and Self-Discovery

In the operating room, where life and death hang in the balance, laughter and tears often coexist. Nurse anesthetist Lisa Zavasnik has witnessed both extremes during her 20-year career. In her new book, *Laughing and Crying About Anesthesia*, she shares her hilarious and heartwarming true stories that offer a unique perspective on the world of anesthesia and the human condition.



#### Laughing and Crying About Anesthesia: A Memoir of

Risk and Safety by Adolph Barr

★ ★ ★ ★ 4.5 c	วเ	ut of 5
Language	:	English
File size	:	509 KB
Text-to-Speech	:	Enabled
Screen Reader	:	Supported
Enhanced typesetting	:	Enabled
Word Wise	:	Enabled
Print length	:	274 pages
Lending	:	Enabled
Paperback	:	494 pages
Item Weight	:	1.48 pounds
Dimensions	:	6 x 1.24 x 9 inches



Zavasnik's stories are filled with humor, compassion, and wisdom. She writes about the time she accidentally gave a patient too much anesthesia and had to wake him up in the middle of surgery. She also tells the story of

the time she comforted a young girl who was terrified of having her tonsils removed. Through these stories, Zavasnik shows us the human side of anesthesia and the profound impact it can have on patients and their families.

But *Laughing and Crying About Anesthesia* is more than just a collection of funny stories. It's also a journey of self-discovery for Zavasnik. As she reflects on her experiences in the operating room, she learns important lessons about life, death, and the importance of human connection.

Zavasnik's book is a must-read for anyone who has ever been touched by anesthesia, whether as a patient, a family member, or a healthcare provider. It's a book that will make you laugh, cry, and think about the human condition in a whole new way.

#### **Reviews**

"Laughing and Crying About Anesthesia is a beautifully written and deeply moving book. Lisa Zavasnik's stories are both hilarious and heartwarming, and they offer a unique perspective on the world of anesthesia and the human condition. This book is a must-read for anyone who has ever been touched by anesthesia, whether as a patient, a family member, or a healthcare provider." - Sheri Fink, author of *Five Days at Memorial* 

"Lisa Zavasnik's book is a gift to us all. Her stories are funny, heartwarming, and thought-provoking. They remind us of the importance of human connection, even in the most challenging of circumstances. I highly recommend this book to anyone who has ever been touched by anesthesia." - **Atul Gawande, author of** *Being Mortal*  "Laughing and Crying About Anesthesia is a must-read for anyone who has ever been curious about the world of anesthesia. Lisa Zavasnik's stories are both fascinating and informative, and they offer a unique perspective on the human condition. This book is a valuable resource for patients, families, and healthcare providers alike." - Jonathan Cohen, MD, President of the American Society of Anesthesiologists

#### About the Author

Lisa Zavasnik is a nurse anesthetist with over 20 years of experience. She has worked in a variety of settings, including hospitals, surgery centers, and pain clinics. Zavasnik is a passionate advocate for patient safety and education. She is also a gifted writer and speaker. Her work has been featured in numerous publications, including *The New York Times, The Washington Post*, and *USA Today*.

Zavasnik lives in Minnesota with her husband and two children. She is an avid runner and enjoys spending time outdoors.

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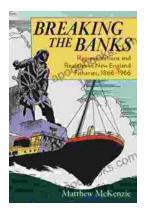


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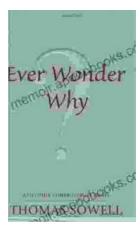
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