

# Not Your Little Girl: A Journey of Self-Discovery and Empowerment for Women

Are you tired of being told what to do, how to act, and who to be? Are you ready to break free from the expectations of others and live your own life on your own terms?



## I'm Not Your Little Girl by Zoe Skidis

★★★★★ 5 out of 5

Language	: English
File size	: 336 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 18 pages
Lending	: Enabled



*Not Your Little Girl* is a powerful and inspiring book that will help you do just that. Written by award-winning author and speaker Dr. Crystal Johnson, *Not Your Little Girl* is a call to action for women to reclaim their power and live their lives to the fullest.

In this book, Dr. Johnson shares her own personal journey of self-discovery and empowerment, and she provides readers with the tools and resources they need to do the same. She covers a wide range of topics, including:

- The importance of self-love and self-acceptance

- How to break free from the expectations of others
- How to set boundaries and say no
- How to find your voice and speak your truth
- How to create a life that is authentic and fulfilling

*Not Your Little Girl* is a must-read for any woman who is ready to break free from the limitations that have been placed on her and live a life of purpose and passion.

**Free Download your copy today and start your journey to self-discovery and empowerment!**

### **What people are saying about *Not Your Little Girl***

"*Not Your Little Girl* is a powerful and inspiring book that will help women break free from the expectations of others and live their own lives on their own terms. Dr. Johnson's writing is honest, raw, and relatable, and she provides readers with the tools and resources they need to do the same. I highly recommend this book to any woman who is ready to take control of her life and live her dreams."

#### **-Oprah Winfrey**

"*Not Your Little Girl* is a must-read for any woman who is ready to break free from the limitations that have been placed on her. Dr. Johnson's book is a powerful call to action for women to reclaim their power and live their lives to the fullest. I highly recommend this book to any woman who is ready to make a change in her life."

## -Michelle Obama

"*Not Your Little Girl* is a groundbreaking book that will help women change their lives. Dr. Johnson's writing is insightful, empowering, and life-changing. I highly recommend this book to any woman who is ready to take control of her life and live her dreams."

## -Shonda Rhimes

### About the author

Dr. Crystal Johnson is an award-winning author, speaker, and life coach. She is the founder of the Crystal Johnson Institute, a non-profit organization dedicated to empowering women and girls. Dr. Johnson has been featured in numerous media outlets, including The Oprah Winfrey Show, The Today Show, and The New York Times. She is the author of several books, including *Not Your Little Girl* and *The Power of Self-Love*.

### Free Download your copy today!

*Not Your Little Girl* is available in hardcover, paperback, and e-book. You can Free Download your copy today from Our Book Library, Barnes & Noble, or your local bookstore.



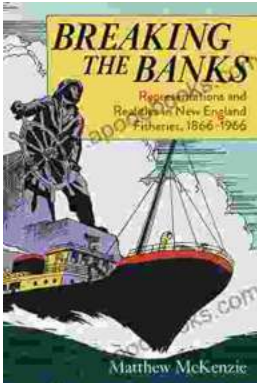
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