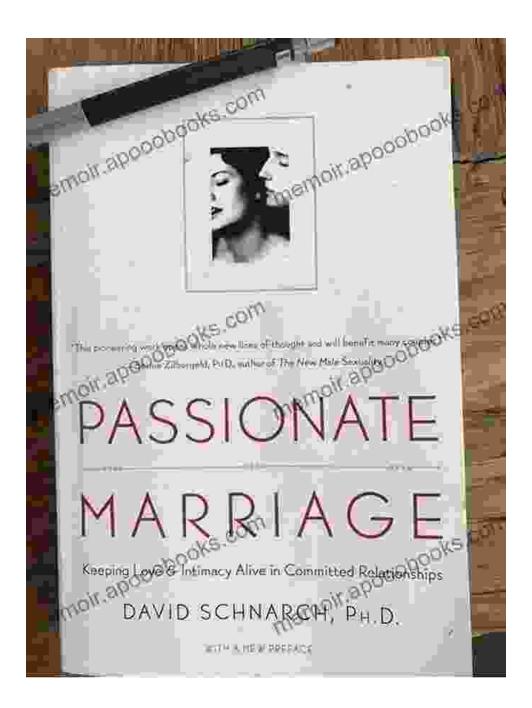
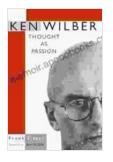
## Thought as Passion: SUNY in Transpersonal and Humanistic Psychology



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Ken Wilber: Thought as Passion (SUNY series in Transpersonal and Humanistic Psychology) by Frank Visser

| ****           |   | 4.7 out of 5 |
|----------------|---|--------------|
| Language       | : | English      |
| File size      | : | 3028 KB      |
| Text-to-Speech | : | Enabled      |
| Word Wise      | : | Enabled      |
| Print length   | : | 346 pages    |
|                |   |              |

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Within the pages of this thought-provoking book, you'll discover a treasure trove of insights, case studies, theories, and practical applications that will ignite your mind and empower your personal growth. Renowned experts from the State University of New York (SUNY) share their cutting-edge research and clinical wisdom, offering a multidisciplinary perspective on the role of thought and passion in shaping our consciousness, spirituality, and overall well-being.

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#### **Uncover the Theories of Transpersonal and Humanistic Psychology**

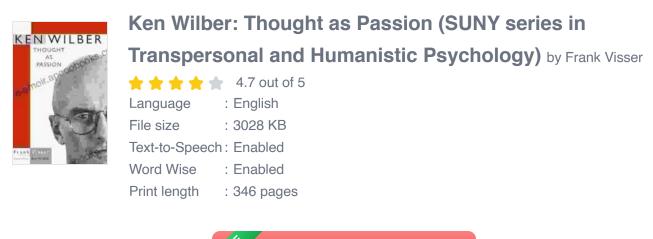
The book draws upon the rich theoretical frameworks of transpersonal and humanistic psychology to provide a comprehensive understanding of the role of thought and passion in human development. You'll delve into the works of leading theorists such as Abraham Maslow, Carl Rogers, and Ken Wilber, gaining a deeper appreciation for the interconnectedness of mind, body, and spirit.

#### **Discover Practical Applications for Personal Growth**

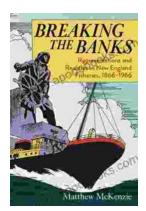
"Thought as Passion" is not just a book of abstract ideas; it is a practical guide for personal growth. The authors present a wide range of exercises, meditations, and reflective practices that you can incorporate into your own life. These tools will help you cultivate a deeper connection to your thoughts and passions, empowering you to live a more fulfilling and authentic life.

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