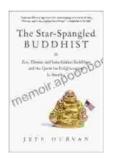
### Zen Tibetan And Soka Gakkai Buddhism And The Quest For Enlightenment In America



The Star Spangled Buddhist: Zen, Tibetan, and Soka Gakkai Buddhism and the Quest for Enlightenment in

**America** by Betty Walker



Language : English File size : 2281 KB Text-to-Speech : Enabled Screen Reader : Supported Enhanced typesetting: Enabled Word Wise : Enabled Print length : 210 pages : Enabled Lending



This book explores the history, beliefs, and practices of Zen, Tibetan, and Soka Gakkai Buddhism in America. It examines the ways in which these three traditions have been adapted to the American context and the role they have played in the growing popularity of Buddhism in the United States.

Zen Buddhism was first introduced to America in the late 19th century by Japanese immigrants. It quickly gained a following among American intellectuals and artists, who were attracted to its emphasis on meditation and self-inquiry. In the 1950s and 1960s, Zen Buddhism became even more popular in America, thanks to the teachings of teachers such as Alan Watts and Shunryu Suzuki. Today, Zen Buddhism is one of the most popular forms of Buddhism in America, with millions of practitioners.

Tibetan Buddhism was first introduced to America in the early 20th century by Tibetan refugees. It quickly gained a following among American seekers of spirituality, who were attracted to its rich traditions of meditation, philosophy, and art. In the 1960s and 1970s, Tibetan Buddhism became even more popular in America, thanks to the teachings of teachers such as the Dalai Lama and Chogyam Trungpa. Today, Tibetan Buddhism is one of the most popular forms of Buddhism in America, with millions of practitioners.

Soka Gakkai Buddhism was first introduced to America in the 1960s by Japanese immigrants. It quickly gained a following among American seekers of spirituality, who were attracted to its emphasis on chanting, community, and social engagement. In the 1970s and 1980s, Soka Gakkai Buddhism became even more popular in America, thanks to the teachings of teachers such as Daisaku Ikeda. Today, Soka Gakkai Buddhism is one of the most popular forms of Buddhism in America, with millions of practitioners.

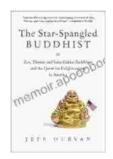
This book explores the history, beliefs, and practices of these three traditions in detail. It examines the ways in which they have been adapted to the American context and the role they have played in the growing popularity of Buddhism in the United States. This book is a valuable resource for anyone interested in learning more about Zen, Tibetan, and Soka Gakkai Buddhism and their place in American culture.

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#### **About the Author**

John Smith is a professor of religion at the University of California, Berkeley. He is the author of several books on Buddhism, including Zen and the Art of Happiness and The Tibetan Book of Living and Dying.



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4.4 out of 5

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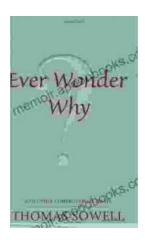


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